

Support and Resources for Special Needs Families

June 2019



ISLAND COUNTY PARENT TO PARENT

2019 Parent to Parent Summer Fun!

Movie Fun: Toy Story 4

Times not released yet. We will be seeing the second showing on **Monday, July 1**

Oak Harbor Movie Theater. Ticket Prices. \$11.25 Adult, \$9 Child, \$10 Military

Matinees before 4:30 pm Adult \$9.25, Child \$8.25 Matinees

Fort Nugent Park Picnic in the Park **Tuesday, July 9 FREE! Noon-1:30pm**

2075 SW Fort Nugent Ave, *Oak Harbor's Castle Park* Bring your own picnic and enjoy the outdoors.

This park is not enclosed but not near streets.

Bowling Fun **Wednesday, July 24 2:30-4:30** RSVP

Great fun for all ages and all abilities. \$2.25 per game, \$2.50 shoe rental. Don't forget to sign up for "Kids Bowl Free" to get 2 free games everyday during the summer. www.kidsbowlfree.org

South Whidbey Community Park Picnic in the Park **Tuesday, July FREE!**

Noon-1:30pm 5495 Maxwellton Road, Langley *Langley's Castle Park* Bring your own picnic and enjoy the outdoors. We will be by the sheltered picnic tables. There are nearby baseball fields, trails and skate park.

Movie Fun: Lion King

Times not released yet. We will be seeing the second showing on **Monday, August 5**

Oak Harbor Movie Theater. Ticket Prices listed above.

Parent to Parent End of Summer BBQ **Sunday, August 11 Noon-2pm FREE!**

We had great fun last year, we hope you can make it this year. BBQ, Playground, Baseball, open fields for fun. Great way to end the summer. Rhododendron Park, Coupeville.

Windjammer Splash Park **Wednesday, August 28 1:00pm-3:00pm (or longer) FREE!**

1600 S SW Beeksma Dr, Oak Harbor Bring your sunscreen, lunch & blanket/chair.

We will be adding more play dates along the way once summer schedules are released. To keep up to date on events, "Like" our Facebook Page, Island County Parent to Parent.

[Always check your email or our Facebook Page for updates, especially for outdoor events.](#)

Events subject to change/cancellation. To RSVP or questions, contact Tiffany Wheeler-Thompson (360)632-7539 call/text or email t.wheeler-tompson@co.island.wa.us

Disability Passes (Free or Reduced)

Washington State Park Discover Pass www.parks.state.wa.us/205/Passes



Disability Pass-No Charge. Good for 50% discount on nightly camping / moorage. Free watercraft launching, trailer dump and day-use entry. Valid year round. Available for one-year (short-term disability) or five-year (permanent disability) periods. Offered to Washington state residents who are legally blind, profoundly deaf, developmentally disabled, or who meet the disability definition used by the U.S. Social Security Administration.

Note: A Permanent Disability Parking Permit, issued by the Washington State Department of Licensing, also entitles you to the 50% disability discount on camping and moorage and waives the trailer dump, boat launch and day use entry fee. Simply show your license plate or issued wallet card along with matching ID directly to the park ranger.

Disabled Veteran Lifetime Pass— No Charge. Free camping / moorage, campsite reservations through State Parks central reservations system, watercraft launching, trailer dump and day-use entry. Valid year-round. Offered to Washington state residents with a documented service-connected disability of at least 30%. Passholder must provide proof of identification when checking in.



National Parks and Federal Recreational Lands Pass www.nps.gov/findapark/Access

Pass for free admission to National Parks and Federal Recreational Lands for U. S. Citizens or permanent residents with permanent disabilities The pass may be obtained in person at a federal recreation site or website www.store.usgs.gov/access-pass The pass fee \$10. Senior discounts passes available.

Fishing Licenses www.fishhunt.dfw.wa.gov/wdfw/disability_apps.html

The following are eligible for a combination fishing license (fresh water, salt water, and shellfish) and/or hunting license at a discounted rate. Resident who permanently uses a wheelchair as certified by the doctor, blind or visually impaired, developmental disability as determined by DSHS authority or physicians signature.



Washington State Ferry Passes ADA Reduced Fares



People with disabilities may qualify for reduced passenger fares on any route. Those who also require attendant care while traveling must obtain an endorsement to allow their attendant to travel free as a passenger. Vehicle fares are not discounted. The WSF Disability Travel Permit requires application information and appropriate medical authorization for permit and attendant care endorsement. The WSF permit provides a reduced fare for those who qualify. WSF Disability Travel Permit

This permit is free and only valid on WSF. If you require transit as well, you need an ORCA Regional Reduced Fare Permit. The WSF Disability Travel Permit requires application information and appropriate medical authorization for permit and attendant care endorsement. The WSF permit provides a reduced fare for those who qualify. People with disabilities may qualify for reduced passenger fares on any route. At the time of travel please inform the seller if you want the half-price fare. Vehicle fares are never discounted.

WSF encourages its customers to use the ORCA Regional Reduced Fare Permit (RRFP), if possible. The WSF permit has been developed for those who can't conveniently access the regional transit systems who issue the RRFP. To receive the **WSF Disability Travel Permit Application** Form please call 206-515-3437. /www.wsdot.wa.gov/Ferries/commuterupdates/ada/

Activities in Our Community for People with Disabilities



Special Olympics of Washington www.specialolympicswashington.org Special Olympics program is for children and adults (ages 8 and up) with disabilities who love sports and want the challenge of competing with their peers. The programs run year round offering competition in several sports. The goal is to provide

a physical fitness with an emphasis on sportsmanship, friendships, and FUN! S Whidbey Coordinator – Mike Etzell (360)678-7883 (only Basketball) N Whidbey Coordinator – Chris Becker (360)320-2549 wispecialolympics@gmail.com Upcoming sports include Bocci Ball in June and Bowling in August (both in Oak Harbor) . Other sports in Oak Harbor include: Bowling, Basketball, Track, Cycling) Contact Chris for start dates and details. Stanwood Regional Coordinator - Punkie Doyle snohomishad@outlook.com



Island Senior Centers and Camano Center Offers support, resources and a variety of classes and events throughout the year.

Camano Center (360)387-0222 OH (360)279-4580 South Whidbey (360)321-1600 The [Time Together Adult Day Program](#) is a for adults and seniors who are isolated or have cognitive or physical disabilities. Participants enjoy a social, fun, engaging program that is

designed for everyone to experience “successful moments” in a comfortable and safe environment.

All staff and volunteers are trained in Positive Approach to Care. Other regional options include:

Anacortes (360)293-7473 Skagit Adult Day Programs (360)293-4466 Anacortes Gentry House, (360)

755-1235 Burlington Bradford House. A supervised daytime program where adults with special

needs can participate in a supportive group setting.



CamanoCenter
Get connected.



ADA Accessible Trails in Washington State www.wta.org/go-outside/basics/ada-accessible-hikes

Locally we have several trails. One highly recommended trail is Trustland Trails located is near the intersection of Hwy 525 & Craw Rd (turn right onto Craw Rd) For a comprehensive list of hikes/walks in island county that are accessible by wheelchairs (and most accessible by Island Transit) email: travel@islandtransit.org or contact Maribeth at crandell@islandtransit.org. We also posted the lists on our Facebook Page Island County Parent 2 Parent



Art as a Way with Carol Way—art studio –inclusive (360)730-1135

Art classes and Workshops. Teaching life skills through art. DDA respite funds accepted.
carol@artasaway.org

Two Websites that are full of events & activities

Whidbey and Camano Island www.whidbeycamanoislands.com/things-to-do/ Challenge yourself or treat yourself with all the things to do on Whidbey and Camano Islands. You can hike, or fish the many beaches, or stroll the many walking-friendly shopping venues featuring a variety of restaurants to please anyone.

Macaroni Kid Whidbey Island whidbeyisland.macaronikid.com

Website and Facebook Page is full of activities and events on Whidbey Island. Updates weekly with family events.



Island County Parent to Parent
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Check out our website. Archived newsletters and our Special Needs Resource Guide
www.islandcountywa.gov/Humanservices/Pages/Parent-to-Parent.aspx

facebook Like us on Facebook for updates on events and resources in our community.
[Www.facebook.com/islandcountyparent2parent](https://www.facebook.com/islandcountyparent2parent)

Flying Fingers

Meets first Friday of the month at United Methodist Church, Third St. and Anthes Ave in Langley. 5:45-6:45pm Meet with some deaf and hearing people, great way to be introduced to sign language. FUN! Celebrate our birthdays, and holidays with treats we share. In the Fireside Room, back part of church, parking in back of church, on street at park and ride. Follow the posters call Susan at 360-221-0383
June 7, July 5, Aug 2, Sept. 6, Oct 4, Nov 1 Dec 6.

Fathers Network Campout Father's Day Weekend Come for the Weekend or Just for the Day

Fri, June 14, 4pm – Sun, June 16, 12pm
Washington Park. Anacortes in the Group Camp Area
Free Family Fun! You don't need to be a father to join in the fun. Come for the whole weekend or any part of it. We start Friday evening and leave by noon on Sunday. BBQ on Saturday night.

Contact Louis Mendoza at 425-653-4286 Mike Etzell (360)678-7883 for more information or with questions. More Information on our Facebook page (search for Washington State Fathers Network) and our website at fathersnetwork.org/

Would you like to pay it forward? Help families in their journey similar to yours?

Become a **Helping Parent!** Your experience can help other families cope and grown. Families call Parent to Parent to ask for support and resources. Would you like to volunteer, become a listening ear to someone that is on journey similar to yours? A Parent to Parent match is a one to one relationship between a trained parent of a family member with special needs and a parent who is looking for emotional and informational support from another parent with similar family and disability experiences. We promote support with our "veteran parents" who maybe farther along on the journey of diagnosis, surgery, challenges, etc with families that are newly going through the same issues. As a "Helping Parent" you would offer a listening ear with the support from the Parent to Parent program. If you would like more information, contact Tiffany Wheeler-Thompson (360) 632-7539 t.wheeler-thompson@co.island.wa.us

Are you a Self Advocate?

We are looking for your voice at our Whidbey and Camano Accessibility Community Committees!

Living with a disability is an exercise in problem solving, requires planning every activity and constant prioritization to identify barriers and develop solutions. The Accessibility Committees provide a voice to people (with disabilities or at risk) in our community that experience barriers such as physical barriers, access to information and/or resources, and other challenges that able bodied people may not recognize. We are part of the Washington State Governor's Committee on Disability Issues and Employment. As a committee, we identify needs in our community, write a proposal and ask for funding from the Governor's committee.

Contact Tiffany Wheeler-Thompson for more information
(360)632-7539 t.wheeler-thompson@co.island.wa.us